



## TOWARD TRUE FREEDOM IN THE PROMISED LAND

**“We all know the secret meaning of our exile in Egypt: *awareness itself* was in exile... Once we came out of Egypt, we brought awareness forth from exile... That is why the Torah constantly admonishes us to “recall the day you came out of Egypt” (Deuteronomy 16:3). This is counsel on how to extricate [our personal] qualities from exile as well”.**

Source: Early Chasidic text, Me’or Eynayim on Shemot, translated in *Speaking Torah Volume I: Spiritual Teachings from around the Maggid’s Table* p. 169-170

This Passover, we need an exodus from old ways of thinking to build a true promised land for Israelis and Palestinians. How do we free ourselves from old, harmful frameworks and march toward awareness and possibility?

Consider these Four Questions for your seder:

- What do you love about the people and the land of Israel?
- What are you afraid of when it comes to Israel?
- What makes you furious and/or sad about Israel?
- How might honest conversation about Israel bring you closer to the people you love, even when the conversation is difficult?